

## Vorläufiger Zeitplan KM Sprint & Staffel am 29.04.2023

	MU12	MU14	MU16	MU18	MU20	Männer	WU12	WU14	WU16	WU18	WU20	Frauen
12:00	50m		Weit 1	Weit 1					Hoch			
12:20							50m					
12:40		75m										
12:55	Weit 1+2							75m				
13:15						100m	Ball					
13:15		Hoch										
13:20												100m
13:30				100m	100m							
13:35										100m	100m	
13:40			100m									
13:50								Weit 1+2	100m			
14:05	4x50m											
14:10							4x50m					
14:20		Ball				200m						
14:25												200m
14:35			Hoch	200m	200m							
14:40										200m	200m	
15:00	Ball		300m						300m			
15:10		4x75m					Weit 1+2	4x75m				
15:20						400m						
15:30												400m
15:35				400m	400m							
15:40								Hoch		400m	400m	
15:50				4x100m	4x100m	4x100m						
15:55										4x100m	4x100m	4x100m
16:05			4x100m						4x100m			
16:10												
16:20		Weit 1										
16:30								Ball	Weit 2	Weit 2		